

Join our Board | Let's change the Trajectory of Children's Mental Health

We invite you into a leadership opportunity rooted in care, inclusion, and community voice.

At the George Hull Centre, we are committed to building a mental health system where everyone feels seen, respected, and supported. We work to make mental health support more accessible and culturally meaningful, especially for communities that have not always been well served. We believe real and lasting change is created when people with lived experience are not only heard, but actively leading the way. As we continue to grow, we are seeking board members from marginalized communities who bring lived experience, cultural wisdom, and a passion for equity. Your perspective matters, not as a symbol, but as an important voice in shaping how mental health services are designed, delivered, and sustained.

At the George Hull Centre, we provide culturally responsive mental health services grounded in respect for identity, community, and lived experiences. Our work is informed by anti-oppressive, trauma-informed, and community-centered approaches that recognize the intersections of race, culture, disability, faith, family, and social location. A core part of our mission is our strong commitment to neurodiversity. We collaborate closely with grassroots organizations, community leaders, educators, and service providers across the Greater GTA to ensure that current, accessible mental health information reaches our communities. These partnerships help us reduce stigma, break down barriers to care, and build trust where systems have often caused harm.

Why your leadership matters

Board service with our organization is an opportunity to:

- Influence how mental health services are shaped for marginalized and underrepresented communities
- Ensure accountability to the communities we serve
- Bring lived experience into decision-making spaces where it has too often been absent
- Help guide an organization that values cultural humility, learning, and shared power

We recognize that many people from marginalized communities are frequently asked to “give back” without adequate support or respect. We are committed to creating a board culture that is welcoming, inclusive, and mindful of capacity, with space for learning, collaboration, and mutual care.

If you are someone who believes in equity, community-led change, and mental health and you are curious about contributing your voice at a governance level, we would be honoured to connect with you.

Thank you for the ways you already show up for your community. We hope you will consider joining us as we work together to build systems of care that truly reflect the people they serve.



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We are looking for individuals who:

- Can positively impact the Board and the Centre;
- Bring skills and connections that enable the success of the Board's key areas of interest (Fundraising, Finance, Technology, Governance, Healthcare and Mental Health Services. Experience in government relations is an asset);
- Have an interest in children's mental health;
- Represent the community we serve with particular focus on deep knowledge of the northern and southern Etobicoke communities ;
- Have lived experience from racialized and/or marginalized communities;
- Experience with a children's mental health organization as a parent of a past client;
- Bring a strong willingness to contribute and serve;
- Make a meaningful annual financial donation to the Centre – meaningful defined as an amount that is personally meaningful to the individual Board Member.

The ideal candidate:

- Has an interest in the Centre's mission and/or children's mental health, and a desire to serve the community;
- Has a desire to leverage professional skills, experience and network in a board capacity;
- Fills a gap in the Centre's diversity survey and skills matrix, as determined at time of recruitment;
- Has previous not-for-profit Board experience or a strong desire to develop this experience;
- Has previous fundraising experience and/or is willing to participate as required;
- Is committed to being an active director, including making time before meetings to review materials, prepare for and regularly attend Board and Committee meetings, and to join a Committee of the Board;
- Has a desire, with increasing experience, to assume more responsibility (e.g. Chair, Vice Chair, Committee Chair, fundraising, etc.);
- Is a member of the Etobicoke/Toronto West community (optional).
- Experience with government-funded agencies or government relations would be an asset

Meetings:

- Official Board meetings of two hours minutes occur nine times per calendar year;
- Committee meetings vary up to 6 times per year;
- Meetings are conducted both in person and virtually.

Please visit www.georgehullcentre.ca to learn more about our programs and services.

To learn more about joining the Board of Directors, please contact reachus@georgehull.on.ca