



GEORGE HULL CENTRE
FOR CHILDREN & FAMILIES

**Changing the
trajectory of children's
mental health.**



2025-2026

Annual Report

Transforming Care Through
Treatment, Prevention & Discovery



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About the Centre

At the George Hull Centre, we are changing the trajectory of children's mental health. We provide care and support for infants, children and youth from birth to 18, together with their families, helping them build the foundations for lasting mental wellness.



Our work spans treatment, prevention, and research and learning, with a commitment to continually elevating practice across everything we do. From early childhood programs that strengthen development and family relationships, to community-based and intensive mental health treatment, we provide a continuum of care designed to meet children and families where they are. Through research, innovation and the integration of emerging knowledge and approaches into clinical practice, we continually strengthen how that care is delivered.

Our family-centred, strength-based approach recognizes that every child is unique and that families are essential partners in care. Our multidisciplinary teams bring together expertise across mental health, child development and family support to provide compassionate, evidence-based and evidence-informed services responsive to each child's needs.

Our Vision

Mental wellness from infancy through to adulthood.

Our Mission

Through clinical excellence and a continuum of mental health services, we reduce suffering, provide hope, and enhance the quality of life of infants, children, youth, and families.

Our Values

Innovation

Creativity in programming and therapy.

Empathy

Understanding without judgement.

Passion

Doing whatever it takes to make a positive difference.

Excellence

Striving for outstanding clinical care, leadership and professionalism.

Holistic View

Improving children's lives within the context of their families, communities and systems.

Diversity

Acknowledging, respecting, including and reflecting the communities we serve.



As a University of Toronto Teaching Centre and through our Institute of Childhood Trauma and Attachment, we extend our impact beyond the children and families we serve directly. By integrating clinical practice with research, innovation, education and professional training, we are advancing knowledge, strengthening practice and helping shape the future of children's mental health care.

Accredited by
Canadian Centre
for Accreditation



Our commitment to excellence is independently recognized. In 2025, the George Hull Centre once again achieved full four-year accreditation through the Canadian Centre for Accreditation (CCA), earning perfect scores across every standard—a reflection of our commitment to quality, accountability, equity, learning and continuous improvement.



The Centre is also recognized by Charity Intelligence as a 5-star, financially transparent charity and was named to its 2025 Top 10 Impact: Youth Charities list, recognizing Canadian youth-serving charities that demonstrate exceptional impact and value created for every dollar spent.

Together, these commitments—to exceptional care, prevention, discovery, accountability and measurable impact—guide our work to strengthen children and families today while helping transform the future of children's mental health care.

Diversity, Equity & Inclusion

Creating care where everyone can belong.



Children and families come to the George Hull Centre with different identities, cultures, abilities, experiences, family structures and ways of understanding the world. Providing excellent mental health care means recognizing those differences—and creating services and environments where every person can feel respected, understood and able to participate fully.

Our commitment to diversity, equity and inclusion (DEI) extends across the Centre: from how we welcome and work alongside children and families, to how we recruit and support our staff, develop programs, conduct research, build partnerships and make organizational decisions.

It is also embedded in our 2025–2027 Strategic Plan, where *Diversity that Reflects our Community* is one of four organization-wide priorities. Our goal is to increasingly reflect the communities around us while continuing to identify and address barriers that can affect a child or family's experience of mental health care.

From Commitment to Everyday Practice



Karen Mighty

Director of Diversity, Equity and Inclusion at The George Hull Centre for Children and Families

Creating inclusive care requires more than good intentions. It means continually examining how identity, culture, ability, power, bias and lived experience can influence relationships and access to care—and giving our teams practical tools to respond.

One example is the Yellow Flag Toolkit to Guide Courageous Conversations around Microaggressions, Biases, and Prejudice, developed by Karen Mighty, the Centre's Director of Diversity, Equity & Inclusion. The toolkit helps professionals recognize and address moments of bias or prejudice while maintaining the relationships that are so important to effective and compassionate care.

Now being used and evaluated at the George Hull Centre, the approach has also been highlighted by the University of Toronto Department of Psychiatry as an example of an equity-focused clinical initiative with potential to strengthen practice.

Listening to the Communities We Serve

Equity also means recognizing that the same approach will not work for every child or family. We continue to learn from the communities we serve and strengthen culturally responsive approaches that recognize both the barriers experienced by historically underserved communities and the strengths, knowledge and perspectives they bring.

That commitment can take many forms—from culturally responsive programming and inclusive clinical practice to reducing barriers for people with disabilities, affirming diverse identities and family structures, and ensuring that children and families have meaningful opportunities to shape the services they receive.

Our goal is not for DEI to exist as a separate initiative. It is to make equity and inclusion part of how we think, how we learn and how we deliver care every day.

Because transforming children's mental health care means creating a system in which every child and family has the opportunity to be seen, heard, respected and supported.

Advancing Our 2025–2027 Strategic Plan

Throughout 2025–2026, the George Hull Centre continued to bring our Strategic Plan to life, with a focus on serving our community, demonstrating excellence, and building sustainable funding to support our mission for the long term.

We made progress toward One Client, One Centre by strengthening collaboration and integration across programs, with children, youth and families at the centre of care. We continued to lower barriers to care by expanding access, advancing trauma-informed and culturally responsive approaches, and developing programs that better reach and respond to the diverse communities we serve.

We also strengthened our role as a leading voice in children's mental health by sharing our expertise more widely through partnerships, training and knowledge exchange, while advancing clinical excellence through measurement-based care, innovation and new approaches designed to improve

outcomes. Our commitment to a diversity that reflects our community continued to inform how we build our teams, design services and engage the children and families we serve.

At the same time, we strengthened the foundation for long-term sustainability by growing philanthropic support, expanding opportunities to generate revenue through our expertise and training, and increasing the profile and reach of the Centre and our work.

Together, these priorities are helping us deliver greater impact today while building the capacity, knowledge and resources needed to transform children's mental health care for the future.



One Client, One Centre

The George Hull Centre will function as one cohesive, integrated centre for the wellness of our clients.

Become a Leading Voice

The George Hull Centre will become known as a leading voice of expertise and care in its communities.

Lower Barriers to Care

The George Hull Centre will measurably reduce barriers that prevent its clients from receiving care.

Diversity that Reflects our Community

The staff and clients of the George Hull Centre will increasingly reflect the surrounding communities.



Leadership

Board of Directors



Adrienne Di Paolo
Chair



Uros Karadzic
Vice-Chair



Anne Tauber
Treasurer



Irfan Kara
Secretary



Chetan Baweja



Jodi Clare



Shane Duff



Richard Jardim



Mark Lawson



Colin Levere



Judy MacGowan



Carlo Oliviero



Manisha Thacker

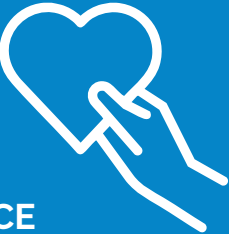


155
PEOPLE

WITH A
COMBINED

1,324

YEARS OF SERVICE



Senior Leadership Team

- Susan Chamberlain**
Executive Director
- Dr. Gregory Lodenquai**
Psychiatrist-in-Chief
- Karen Mighty**
Director, Diversity, Equity & Inclusion,
R.I.T.E.S. Collaborative
- Elina Di Luca**
Director, Community Clinic
- Tahmo Gharabaghi**
Director, Intensive Treatment Programs
- Talia Leszcz**
Director of Prevention & Early Intervention Services
- Barbara Rodgers**
Director, SAFE-T Program
- Leticia Gracia**
Director, Institute of Childhood Trauma & Attachment
- Ryan Lester**
Chief Development & Marketing Officer
- Rick Arseneau**
Director, Finance & Operations
- Diane Bartlett**
Director, Research & Evaluation,
Project Management Office

Transforming Care, Together

Message from our Executive Director and Board Chair

At the George Hull Centre for Children and Families, we believe every child deserves the opportunity to thrive. Throughout 2025–2026, that belief continued to guide us as we strengthened the care we provide today while investing in new knowledge, approaches and partnerships that can improve children’s mental health care for the future.

This year’s Annual Report reflects that work through three interconnected areas: **Treatment, Prevention, and Research & Learning**. Together, they represent the continuum that makes the George Hull Centre unique—from providing specialized mental health treatment for children, youth and families, to intervening earlier and strengthening protective factors, to generating and sharing knowledge that helps improve care within our Centre and across the broader sector.

Our commitment to excellence was affirmed this year when the George Hull Centre once again achieved full four-year accreditation through the Canadian Centre for Accreditation, with perfect scores across every standard. We were also proud to once again receive national recognition from Charity Intelligence, which named the Centre a 2025 Top 100 Rated Charity and one of Canada’s Top 10 Impact: Youth Charities. These achievements reflect something we work toward every day: delivering care that is compassionate and effective while maintaining the highest standards of quality, accountability and measurable impact.

This year also marked the first year of a transformational three-year partnership with the Longo Family Foundation, whose \$650,000 investment is helping us extend the reach of our expertise in childhood trauma and attachment. Through our Institute of Childhood Trauma and Attachment, this support is expanding trauma-informed Speech-Language Pathology training across Ontario and advancing the development and scale-up of the CASTER™ screening tool to support earlier identification of children who may have experienced trauma. Together, these initiatives are equipping professionals with greater knowledge and capacity, strengthening early identification and intervention, and helping improve systems of care for children and families well beyond the walls of the George Hull Centre.

Prevention remained equally important. In September 2025, we launched our inaugural Walk for Young Minds, bringing together more than 100 members of our community to raise awareness and support for children’s mental health. The Walk created a new way for families, friends, staff, donors and community partners to come together around a shared belief in the importance of reaching children early and helping build the foundations for lifelong mental wellness.

Our ability to expand this impact is also being strengthened by growing philanthropic and community support. Increased revenue through philanthropy and partnerships is allowing us to invest in innovation, enhance programs, pursue new opportunities and build greater sustainability for the future. We are deeply grateful to the donors, foundations, corporations, governments and community partners who see the potential of this work and choose to invest alongside us.

At the heart of every achievement in this report are our people. We continue to build a culture that attracts, develops and retains skilled professionals who bring extraordinary expertise and commitment to children and families. This year, our team grew to 155 people, from 130 the previous year, and together they represent an incredible 1,324 years of service to the George Hull Centre—up from 1,150 years just one year ago. That depth of experience, combined with the perspectives and talents of newer members of our team, strengthens our ability to learn from one another, innovate and provide exceptional care.

As we look ahead, we do so with confidence in what makes the George Hull Centre distinctive: our ability to connect treatment, prevention and discovery in ways that create meaningful change. We are treating children and families who need us today, working to prevent challenges from becoming more serious tomorrow, and learning and sharing what works so that our impact can extend far beyond our walls.

None of this happens alone. To our staff, Board, volunteers, donors, funders, partners, children, youth and families: thank you for being part of this work and for helping us continue to transform children’s mental health care.

With gratitude,



Susan Chamberlain
Executive Director



Adrienne Di Paolo
Chair, Board of Directors

Treatment

Care That Meets Each Child Where They Are

At the George Hull Centre, transforming care begins with understanding each child and family—their needs, strengths and experiences. From infancy through age 18, our multidisciplinary teams work together to provide compassionate, evidence-based and trauma-informed mental health treatment that responds to the whole child.

Across community-based, in-home, day and live-in services, we bring together specialized expertise to provide integrated care for children and youth experiencing a wide range of mental health and behavioural challenges. Treatment is tailored to each child and family, drawing on the approaches and expertise best suited to their individual circumstances.

Through strong therapeutic relationships, collaboration with families and a commitment to continually advancing clinical practice, we help children and youth heal, build resilience and develop the skills and connections that support lasting mental wellness.



Community Clinic

Specialized care.

Built around children and families.

For children and youth experiencing significant emotional, behavioural, social, developmental or psychiatric challenges, getting the right support can change the trajectory of their lives.

The Community Clinic provides outpatient mental health care for children and youth from birth to age 18 and their families. Our multidisciplinary teams bring together expertise in psychiatry, psychology, social work, and child and youth work to understand each child in the context of their family, relationships and experiences—and develop a treatment approach responsive to their individual needs and strengths.

Care can include comprehensive assessment and consultation, individual and family therapy, therapeutic groups, and psychiatric and psychological consultation. Families are active partners throughout the process, with treatment

grounded in strong relationships, sound evidence and a shared focus on meaningful, lasting outcomes.

The Community Clinic is also a place where **treatment and discovery come together**. As part of the George Hull Centre's role as a University of Toronto Teaching Centre, experienced clinicians help prepare the next generation of mental health professionals while multidisciplinary teams learn from one another and continually strengthen practice.

Through the Clinic and the Institute of Childhood Trauma and Attachment, clinical experience also informs innovation—helping us develop, introduce and evaluate new approaches to understanding and treating childhood trauma. What we learn through caring for children and families today helps us strengthen the care we provide tomorrow.

675 CLIENTS SERVED





Intensive Services

More support, where and when young people need it most.

For some children and youth, meaningful change requires care that goes beyond the traditional clinical setting. Our Intensive Services provide highly individualized treatment for young people experiencing complex mental health challenges, bringing therapeutic support into the places where they live, learn and build relationships.

Through Intensive In-Home, Day Treatment and Libby's Place, our teams work alongside young people and their families across home, school and live-in environments. Each program provides a different level and setting of care, but all share the same goal: creating the safety, stability, relationships and skills young people need to move forward.

Our Intensive In-Home Service brings comprehensive therapeutic support directly into family life, helping adolescents and caregivers address complex challenges together while working to keep families connected. Day Treatment combines individualized academics and therapy in small classroom environments, with family therapy embedded as an integral part of treatment and close collaboration supporting students as they transition back to their community schools.

For young people requiring the highest level of support, Libby's Place provides long-term live-in treatment for up to six girls ages 12 to 18. Its highly structured, relationship-based environment integrates child and youth work, psychiatry, psychology, social work and education, with young people and their families actively involved in treatment. Here, relationships themselves become an important part of healing—helping young people build trust, strengthen connections and develop greater stability.

Intensive Services are also where treatment and learning continually inform one another. Through the Institute of Childhood Trauma and Attachment, our teams draw on evolving knowledge about developmental trauma and attachment while building the skills of professionals and students who will carry that knowledge into future practice.

By surrounding young people and families with coordinated care—and bringing that care into the environments where challenges and opportunities for change occur—we can go further for those who need us most.

8 LIVE-IN YOUTH SERVED

1,255 RESIDENTIAL DAYS OF SERVICE

Day Treatment

Where mental health and learning move forward together.

For young people experiencing significant mental health challenges, success at school can become difficult—and sometimes feel out of reach. Our Day Treatment Program creates an environment where students can focus on their mental health and their education at the same time.

Delivered in partnership with the Toronto District School Board and Toronto Catholic District School Board, the program combines individualized academics with therapeutic support in five small classroom settings. With no more than eight students in a class, young people receive the attention, structure and support they need to build on their strengths, develop coping and communication skills, and reconnect with learning.

Treatment extends beyond the classroom. Students and their families participate in regular family therapy, while teachers, child and youth workers and clinicians collaborate to understand each young person's needs and support progress at school, at home and in the community.

For most students, Day Treatment is a bridge. Our teams work closely with community schools from admission through discharge, helping young people build the skills, confidence and academic progress they need to successfully transition to the next stage of their education.

By bringing treatment and education together, we help young people see new possibilities—not only for success at school, but for their lives beyond it.

48 YOUTH SERVED

DAY TREATMENT PARTICIPANT (YOUTH) TESTIMONIALS

“I learned how to ask for help and that I could trust the staff.”

“I’m coming to school a lot more often, and my grades have improved by a lot.”

“It helped me understand my emotions and manage my social anxiety.”

“It made me feel like I fit in—and like I could actually do what I wanted to do.”

“The staff understand my needs and help me reach my goals.”

DAY TREATMENT (PARENT) TESTIMONIALS

“Our child felt comfortable going to school, was motivated to do well, and performed above our expectations.”

“It provided our child with a safe space for open and honest dialogue—and was a great support system for us as parents, too.”

“Our child is more open and positive, feels more secure, and believes in themselves.”

“The close connection between our child, our family and the school was invaluable to all of us.”

“The entire team supported and encouraged our child—and supported us as parents along the way.”

Intensive In-Home Service

Creating change where family life happens.

For adolescents with complex mental health needs, some of the most meaningful opportunities for change happen outside the therapy room. Our Intensive In-Home Service brings comprehensive mental health treatment directly into the family home, allowing young people and caregivers to work through challenges together in the environment where everyday life unfolds.

Our team works closely with adolescents and their families through assessment, consultation and treatment planning, as well as individual, family and group therapy. By understanding challenges within the context of family relationships and daily routines, clinicians can build on each family's strengths and develop strategies that are practical, relevant and more likely to last.

At the heart of the program is a commitment to keeping families together. By providing intensive support at home, the service helps families navigate complex emotional and behavioural challenges while strengthening relationships, building confidence and creating greater stability—without unnecessarily separating a young person from their caregivers.

It's another way the George Hull Centre is transforming treatment: meeting families where they are and helping make positive change part of their everyday lives.

15 PARTICIPANTS



Clinician/Child and Youth Worker Collaboration (CCC)

Taking treatment beyond the therapy room.

For some children and families, a weekly therapy session is only the beginning. Creating lasting change also means being able to put new skills and strategies into practice at home, at school and in the community.

Our Clinician/Child and Youth Worker Collaboration (CCC) brings together two complementary forms of expertise. Clinicians provide evidence- and research-informed assessment and therapy, while Child and Youth Workers bring practical, hands-on support into the environments where children and families navigate everyday challenges.

Working as one team, clinicians and Child and Youth Workers develop a shared understanding of each family's strengths and goals. Support can then extend beyond clinical sessions—from helping a young person manage anxiety

during a school transition, to building social and recreational skills, establishing healthier routines, or helping caregivers put new strategies into practice at home.

The collaboration works both ways. Child and Youth Workers help translate therapeutic goals into everyday experiences, while ongoing communication and knowledge exchange across the team deepen our understanding of each child and strengthen treatment planning.

By connecting clinical expertise with real-world experience, CCC helps turn what is learned in therapy into meaningful change in the places where children live, learn and grow.

20 PARTICIPANTS

DONOR SPOTLIGHT

Extraordinary Caring: Tim and Frances Price & The Clearview Foundation

We are deeply grateful to Tim and Frances Price and The Clearview Foundation for their extraordinary commitment to children, youth and families through a generous \$500,000 commitment over five years in support of our Clinician/Child and Youth Worker Collaboration (CCC) program.

Now in the second year of their support, their generosity is helping us strengthen this unique model

of care, pairing clinical expertise with practical, hands-on support that extends beyond the therapy room and into the everyday lives of young people and their families.

Through their partnership, we are providing young people with the consistent, responsive care they need to build skills, strengthen relationships and make meaningful progress—while ensuring families have the support they need along the way.

Thank you, Tim and Frances and The Clearview Foundation, for your continued belief in this important work and for helping make extraordinary care possible.



SAFE-T

Sexual Abuse Family Education, Treatment

The SAFE-T Program provides highly specialized, evidence-based assessment and treatment for children, youth and families impacted by sexual abuse and concerning sexual behaviours. Working with some of the most complex and sensitive experiences a family can face, SAFE-T creates a safe and supportive environment where young people and their families can begin to heal, strengthen relationships and move forward.

At the heart of SAFE-T is the belief that every individual has the right to live free from the fear of abuse and that children, youth and families have the capacity to make meaningful, positive change. Our multidisciplinary team provides comprehensive assessment alongside individualized treatment that can include individual, family and group counselling. Care is tailored to the circumstances, strengths and needs of each young person and family.

SAFE-T also recognizes that healing does not always happen through words alone. In partnership with the Gardiner Museum, the program offered a 12-week expressive arts therapy group for young people impacted by sexual abuse, creating an opportunity for participants to explore their experiences through clay and creative expression.

In the welcoming environment of the Gardiner Museum, participants used the process of working with clay alongside reflection and connection with others to explore themes of resilience, identity, self-compassion and healing. The group culminated in a public exhibition of participants' artwork—a powerful expression of their creativity, courage and individual journeys.

This innovative partnership reflects the deeply trauma-informed approach at the heart of SAFE-T: meeting young people where they are, recognizing that healing can take many forms, and creating opportunities for them to safely express experiences that can be difficult to put into words.

Beyond direct care, SAFE-T contributes specialized expertise through consultation, clinical training and research, helping strengthen the broader system of support available to children and youth impacted by sexual abuse.

Program Director, Barbara Rodgers and Board Member Richard Jardim



Prevention

Building Stronger Foundations, Earlier



At the George Hull Centre, transforming care means more than responding when a child is struggling. It also means reaching children and families earlier—strengthening relationships, supporting healthy development and creating the conditions that help prevent challenges from becoming more complex.

Our **Prevention & Early Intervention Services** support children and families during some of the most important stages of development. By bringing together early learning, communication and developmental supports, inclusive programming, family-led approaches and strong community partnerships, we help identify needs earlier and connect families with the right resources and relationships.



Through programs including the **Etobicoke Brighter Futures Coalition**, **Preschool Speech and Language Services**, **EarlyON Child and Family Centre**, **Every Child Belongs**, and **Family Group Conferencing**, our teams meet families in accessible, familiar settings and build on the strengths already present within children, caregivers and communities.

Prevention looks different for every family. It can mean helping a young child develop the communication skills to express themselves, supporting a parent during the earliest years of their child's life, helping a child participate fully in their community, or bringing a family together to create its own plan during a challenging time.

Across these programs, the goal is shared: **to act earlier, strengthen families and help give every child the strongest possible foundation for the future.**



Etobicoke Brighter Futures Coalition

Stronger families. Connected communities. Brighter futures.

Children are more likely to thrive when the families and communities around them are strong. Led by the George Hull Centre, the Etobicoke Brighter Futures Coalition (EBFC) brings community organizations together around a shared goal: giving young children and their families the support, relationships and opportunities they need from the very beginning.

Working collaboratively across Etobicoke, Coalition partners plan and deliver accessible, culturally responsive programs for children from birth to age six and their families, with a particular focus on reaching those who may experience greater barriers to support. By coordinating services and sharing knowledge, expertise and resources, EBFC helps create a stronger and more connected network of support around families.

That support takes many forms. Families can access home visiting, parent relief, parenting education, parent-child programs, prenatal nutrition, school-readiness programming, and support for children with additional needs—meeting families at different stages and responding to the realities of their lives.

The impact extends beyond any single program. Parents build confidence and connections. Children have opportunities to play, communicate, learn and develop. Community organizations strengthen their collective ability to recognize needs earlier and connect families with the right support.

It is prevention powered by community—working together to reach families earlier, reduce barriers and give more children the opportunity for a healthy start.



1,064

PARENTS SUPPORTED

660

CHILDREN SUPPORTED

Preschool Speech & Language Services

Building connection from the very first words.

Communication begins long before a child says their first word. It is how children connect with the people around them, express what they need, build relationships, learn and begin to understand their world.

Our Preschool Speech and Language Services support young children and their families during these critical early years. Speech-Language Pathologists work with caregivers to identify communication needs early and build the skills that support healthy development—from understanding and using language, to social communication and play, speech clarity and fluency, and alternative ways of communicating for children who need them.

Families are essential partners in this work. Caregivers learn practical strategies that can become part of everyday moments—playing together, sharing a meal, reading a book or getting ready for the day. By building parents' confidence as communication partners, progress can continue well beyond an appointment and become part of the relationship between a child and caregiver.

TESTIMONIALS FROM PARENTS

- "My son is more confident speaking. He used to shy away or say 'never mind' because people couldn't understand him. Now he uses the techniques he learned."
- "I became more capable of communicating with my son. By the end of the sessions, we were able to communicate on a deeper level."
- "The program helped us improve our relationship with our daughter through growth in communication."
- "We feel so much more confident about sending him off to kindergarten."
- "The biggest help was having professional support. It gave us confidence in helping our daughter learn, which was invaluable."
- "The stress and trauma screening opened a door I had been knocking on for a long time. I finally felt heard by someone who cared about my son's emotional needs."
- "I have seen my son more as an individual with specific needs, and it has helped me become more aware and compassionate toward him."

Seeing the Whole Child

What makes this work particularly distinctive at the George Hull Centre is the connection between communication and mental health. Trauma and adversity in early childhood can affect communication, relationships, emotional regulation and development, and Speech-Language Pathologists may be among the first professionals to recognize that a child or family needs additional support.

Through collaboration with our Institute of Childhood Trauma and Attachment, our Preschool Speech and Language team has integrated a trauma-informed approach into practice, including universal trauma screening using the Centre's CASTER™ 0–5. This helps our team look beyond a child's presenting communication needs, identify potential experiences of trauma earlier, and connect families with additional mental health supports when needed.

The learning goes beyond our own program. Research originating within Preschool Speech and Language Services is helping us better understand trauma-informed speech-language practice and inform training for professionals across Ontario.

It is a powerful example of prevention and discovery working together: identifying needs earlier, strengthening relationships and communication, and using what we learn to improve support for more children and families.

Because helping a child find their way to communicate can also help them find their way to connection, belonging and well-being.

1,073

CHILDREN SERVED

The George Hull EarlyON Child and Family Centre

Where play builds relationships—and strong beginnings.

For young children, some of the most important learning happens through play and relationships. The George Hull EarlyON Child and Family Centre creates welcoming spaces across Etobicoke where children from birth to age six and their parents and caregivers can come together to play, learn, connect and grow.

Through free drop-in and registered programs, families have opportunities to explore early learning activities, build school-readiness skills and participate in creative arts, movement, science, cooking and other hands-on experiences. Specialized programs respond to the diverse needs and experiences of families in our community, while parenting resources, workshops and access to knowledgeable professionals provide caregivers with support along the way.

But EarlyON is about more than activities. Every interaction is an opportunity to strengthen the relationship between a child and caregiver. Our Child and Family Program Facilitators help parents better understand child development, recognize

their child's strengths and needs, and build confidence in supporting their growth.

EarlyON can also be an important first point of connection to support. When a family has questions or a child may benefit from additional or specialized services, our team can help identify needs early and connect families with the right resources and pathways to care.

By creating spaces where families feel welcome, children feel they belong and caregivers feel supported, EarlyON helps build the relationships and foundations that promote healthy social and emotional development.

It is prevention through play, connection and community—supporting families early and helping give every child a strong beginning.

21,743 VISITS



“Some of the most powerful changes we can make in children's mental health happen early. By strengthening relationships, recognizing needs and supporting families from the beginning, we can help children build the foundations they need to grow, learn and thrive.”

— TALIA LESZCZ, DIRECTOR OF PREVENTION AND EARLY INTERVENTION SERVICES

Every Child Belongs

Building childcare environments where every child can thrive.

Every child deserves to feel that they belong. For children with additional developmental, social or emotional needs, that means having access to childcare environments that understand their strengths, recognize their needs and are equipped to support their full participation.

In partnership with City of Toronto Children's Services, the George Hull Centre's Every Child Belongs Resource Consultation Service works with licensed childcare programs to make inclusion possible for more children. Our Resource Consultants collaborate with children, families and early childhood professionals to identify needs early and develop practical strategies that help children participate, learn and thrive alongside their peers.

Support is tailored to both the child and the environment around them. Consultants can observe children in their childcare setting, contribute to developmental screening and individualized service plans, model strategies for educators, help adapt programs and environments, connect families with additional services, and support children as they enter and participate in childcare.

Building Capacity Beyond One Child

The impact extends beyond the individual children receiving support. Through coaching, consultation, workshops and professional development, our Resource Consultants strengthen the knowledge and confidence of early childhood professionals—building greater capacity within childcare programs to recognize emerging needs and create inclusive environments for all children.

This is prevention through inclusion: recognizing needs earlier, equipping the adults who surround children every day, and creating environments where differences are understood and every child has the opportunity to belong.

Because when we build the capacity of those who care for children, the impact can reach far beyond a single child.



34 CHILDREN SERVED

11 PROGRAM CONSULTATIONS

Family Group Conferencing

Putting families at the centre of decisions about their children.

When a child's safety or well-being is at risk, families often have strengths, relationships and solutions that can become an important part of the way forward. Family Group Conferencing (FGC) creates a structured process that brings those resources together and gives families a meaningful voice in decisions affecting their children.

FGC is a culturally responsive, family-led approach to child protection. Rather than developing a plan for a family, the process brings together parents, extended family members, friends and other important people in a child's life and gives the family group an opportunity to develop its own plan to address concerns identified by child welfare and children's mental health professionals.

At the George Hull Centre, our leadership in Family Group Conferencing operates at two levels: working directly with families in Toronto and strengthening the quality and consistency of FGC practice across Ontario.

Family Group Conferencing of Toronto

Keeping families connected and giving them a voice.

The George Hull Centre has been a leader in Family Group Conferencing in Toronto for more than 25 years, creating opportunities for families involved with the child welfare system to come together, draw on their collective strengths and take an active role in planning for their children.

An independent FGC Coordinator helps bring together the people who matter to the child

and creates a safe, respectful process in which information can be shared and different perspectives heard. The family group is then given dedicated time to develop its own plan for addressing the identified child welfare concerns.

The goal is not simply to resolve a particular issue. By widening the circle of support around a child, FGC can strengthen family relationships, identify resources within extended family and community networks, and create plans that families themselves understand and support.

It is **prevention through family connection and shared decision-making**—helping families mobilize their own strengths to create safer, more sustainable paths forward for their children.



Family Group Conferencing Ontario Provincial Resource

Strengthening Family Group Conferencing across Ontario.

The impact of the George Hull Centre's expertise extends far beyond the families we serve directly. Established in 2006, the Family Group Conferencing Ontario Provincial Resource provides provincial leadership, quality assurance and training to support high-quality and consistent FGC practice across Ontario.

The Provincial Resource oversees the training, mentorship and rostering process for FGC Coordinators and maintains Ontario's roster of qualified Coordinators, Mentors and Trainers. Practitioners receive ongoing opportunities for professional development, consultation and learning, helping ensure that families across the province experience FGC delivered according to strong and consistent standards.

The Resource also supports Transitional Planning Conference (TPC) Coordinators, a specialized group of rostered FGC Coordinators approved to facilitate conferences for young people transitioning from the care of Children's Aid Societies. These conferences help bring together the relationships and supports young people may need as they prepare for greater independence.

Through training, mentorship, consultation, quality assurance and knowledge sharing, the Provincial Resource builds capacity not just in individual practitioners, but across Ontario's child welfare system.

It is where prevention and learning come together: taking an approach centred on family voice and connection and building the professional capacity needed to deliver it effectively across the province.



Walk for Young Minds

Every step helps build stronger foundations.

In September 2025, more than 100 walkers came together for the George Hull Centre's first-ever Walk for Young Minds—turning a shared commitment to children's mental health into action.

Families, friends, staff, supporters and community partners walked together to raise awareness of the importance of children's mental health and generate vital funds for the Centre's Prevention & Early Intervention Services.

The programs highlighted throughout this section demonstrate what prevention can accomplish. From strengthening parent-child relationships and supporting early communication and development, to creating more inclusive childcare environments, mobilizing family and community networks, and identifying needs before they become more complex, early support can change the trajectory of a child's life.

But delivering this level of care requires resources beyond those provided through government funding alone.

Funds raised through the Walk for Young Minds help bridge the gap between government funding

and the true cost of providing the quality, breadth and level of service children and families receive each year. Philanthropic support gives the George Hull Centre greater capacity to strengthen programs, respond to emerging needs and continue providing the exceptional care families rely on.

More Than a Walk

The Walk is also an opportunity to make children's mental health more visible.

Every person who registers, invites a friend, builds a team, shares their participation or asks someone to support their fundraising helps start conversations about children's mental health and the importance of reaching children and families earlier.

And in 2026, we're walking again.

Join the **2nd Annual Walk for Young Minds on Sunday, September 27, 2026**, at Colonel Samuel Smith Park. Register for free, bring your family, friends, colleagues—and even your four-legged companions—and consider setting a fundraising goal in support of Prevention & Early Intervention at the George Hull Centre.

Register.
Walk.
Raise awareness.
Raise funds.



Together, every step can help give children and families stronger foundations for the future.

Join us at:
walkforyoungminds.ca



Discovery

Turning Knowledge Into Better Care



The Institute of Childhood Trauma and Attachment

**Where practice, research and training
come together to transform care.**

For more than 40 years, the George Hull Centre has worked alongside children and families affected by trauma, building deep clinical expertise in how early experiences can shape development, relationships and mental health. In 2019, we created the Institute of Childhood Trauma and Attachment to take what we have learned through that work further.

The Institute connects clinical practice, research and training to improve how children and families affected by trauma and disrupted attachment are understood and supported. Embedded within the George Hull Centre, it creates a continuous exchange between what happens in care, what we learn through research and what we share with professionals beyond our walls.

This integrated model allows questions arising from clinical practice to inform research; new evidence and emerging approaches to strengthen treatment; and knowledge developed through both to be translated into training that builds capacity across child- and youth-serving sectors.

**Today, that work is organized around
three interconnected pillars:**

- 1 **Elevation of Practice**
- 2 **Research**
- 3 **Training**

Elevation of Practice

We bring emerging knowledge, evidence and promising therapeutic approaches into clinical practice, giving our teams new ways to understand and respond to the complex effects of childhood trauma and attachment disruption.

Research

We investigate questions that emerge from the realities of working with children and families, generate new knowledge, and evaluate approaches and tools that have the potential to improve outcomes.



Training

We translate knowledge into practice, equipping professionals within the George Hull Centre and across child- and youth-serving sectors with the understanding, tools and skills to provide more trauma-responsive care.



Together, these pillars create a cycle of discovery and continuous improvement: practice generates questions, research builds knowledge, training puts that knowledge into the hands of others—and what we learn returns to strengthen practice again.

Through the Institute, discovery is not separate from care. It is how we make care better—for the children and families we serve today, and for the many more who can benefit from what we learn and share.

The CASTER™

Turning a clinical question into a better way to identify trauma.

Understanding what a child has experienced can change how we understand what they need.

The CASTER™—Child and Adolescent Screener for Traumatic Events and Response—was developed at the George Hull Centre to help professionals identify potential trauma earlier in the assessment and treatment process. Unlike screening approaches that look only at exposure to traumatic events or only at resulting symptoms, the CASTER™ considers both what a child may have experienced and how those experiences may be affecting them today.

Its development began with a challenge identified through clinical practice at the George Hull Centre: how could we routinely and efficiently screen children and youth for a broad range of potentially traumatic experiences while also understanding their possible responses?

That question became a process of practice, research and continuous learning. Beginning in 2017, the CASTER™ was piloted and refined through the experience of George Hull clinicians and extensive consultation with youth with lived experience, parents and caregivers, trauma experts and other professionals. The result is a trauma-informed screening tool designed to help open important conversations and inform whether a child may benefit from more comprehensive assessment and support.

142 CLIENTS AGED 6-18 SCREENED USING THE CASTER™

31 CLIENTS AGED 0-5 SCREENED WITH THE EARLY CHILDHOOD VERSION OF THE CASTER™

Identifying Needs from the Earliest Years

The learning did not stop in the mental health clinic.

Research within the George Hull Centre identified an important opportunity to recognize potential trauma even earlier through Preschool Speech and Language Services. Because trauma and adversity can affect communication and development—and Speech-Language Pathologists may be among the first professionals that families encounter—the Institute developed an age-specific CASTER™ for children from birth to five.

Today, three versions support screening across childhood and adolescence: a parent/caregiver report for ages 0–5, a parent/caregiver report for ages 6–18, and a self-report for youth ages 12–18. All three are available in English, French and Spanish.

The CASTER™ represents Discovery in action: a need identified through care became a research question; research and lived experience shaped a new tool; and that tool is helping professionals recognize potential trauma earlier and make more informed decisions about what should happen next.

Because the earlier we understand what a child has experienced, the earlier we can begin to understand what they need.



Neurofeedback

Bringing promising brain-based treatment into public children's mental health care.

What happens when a promising treatment exists—but most children who could benefit from it cannot access it through the public mental health system?

At the George Hull Centre, that question is driving both innovation and research.

Through the Institute of Childhood Trauma and Attachment, the Centre is advancing the use of neurofeedback, an emerging brain-based therapeutic approach that uses real-time information about brain activity to help children and youth develop healthier patterns of regulation.

During a neurofeedback session, sensors monitor brainwave activity while a young person interacts with visual or other feedback—often through a computer-based activity. That feedback allows the brain to respond and adapt in real time, with the goal of strengthening patterns associated with greater regulation and functioning.

For children and youth whose experiences of trauma and mental health challenges can affect attention, emotional regulation, sleep and learning, neurofeedback offers a promising additional pathway to treatment.

From Emerging Practice to Evidence

What makes this work particularly important at George Hull is not simply that we are introducing a new therapeutic modality. We are studying it where care actually happens.

The Institute supports the implementation of promising evidence-informed approaches within the Centre's publicly funded services while

evaluating their effectiveness with children and youth in real-world clinical settings.

Neurofeedback is being integrated into George Hull programming, including Day Treatment and the Community Clinic, creating an opportunity for clinicians and researchers to learn directly from the experiences and outcomes of the young people receiving care.

The goal is bigger than determining whether neurofeedback can help individual children. Through research and rigorous evaluation, we are working to build the evidence needed to understand for whom it works, how it can best be integrated with existing treatment, and how approaches like neurofeedback could become more accessible within publicly funded children's mental health care.

Discovery That Begins and Ends With Care

This is the Institute's model of Discovery: Turning Knowledge Into Better Care in action.

We identify promising approaches. We build the expertise to bring them into practice. We evaluate what happens with children and families. And we use what we learn to continually strengthen care.

By connecting Elevation of Practice and Research, the George Hull Centre is helping move neurofeedback from an emerging therapeutic possibility toward a better-understood and more accessible treatment option for children and youth.

Because promising treatments should not only be available to families who can afford to access them privately.

2025-2026 Financial Summary

Revenue (\$000's)	\$
Government Funding	14,835
Other Funding	1,021
Donations	946
Total Revenue	16,802

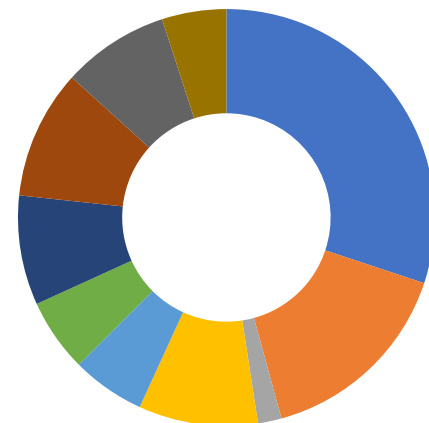
Expenditures (\$000's)	\$
Staff compensation	12,867
Transportation and Communication	175
Occupancy costs	1,094
Staff Development	289
Community Awareness	39
Repairs and maintenance	661
Professional services	262
Purchased client services	864
Insurance	105
Other supplies and equipment	105
Amortization	265

Total Expenditures	16,724
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Deficiency of Revenue over Expenses (77)

2025-2026 Program Funding

Community Clinic	30%
Safe-T	16%
Diversity, Equity and Inclusion	2%
Live in Program	9%
Day Treatment Program	6%
Intensive In-Home Services	6%
Insititute	8%
Speech & Language	10%
EarlyOn	8%
Other (ECB, EBFC, FGC - Tor & Prov, DEI)	5%



Treasurer's Report

On behalf of the Board of Directors, I am pleased to share the George Hull Centre's financial results for the 2025-2026 fiscal year.

The Centre continued to operate from a position of financial stability while delivering a broad continuum of services to children, youth, and families. Total revenue for the year was approximately \$16.8 million, including \$14.8 million in government funding, \$1.0 million from other funding sources, and nearly \$946,000 in donations from individuals, corporations and foundations. We are deeply grateful to all of our funders, donors, and partners whose investment strengthens our ability to respond to the evolving needs of children and families.

Total expenditures were approximately \$16.7 million, with the significant majority directed toward the people and programs that deliver our mission. Staff compensation represented approximately \$12.9 million, reflecting the highly skilled and dedicated professionals who provide care, treatment, early intervention, research, training and family support across the organization. The Centre concluded the year with a modest excess of revenue over expenses of approximately \$77,000.

Funding supported the breadth of the George Hull Centre's integrated model of care, including our Community Clinic, SAFE-T Program, live-in and day treatment programs, Intensive In-Home Services, Preschool Speech and Language

services and EarlyON programs, alongside other specialized initiatives. The Institute of Childhood Trauma and Attachment continued to advance research, education, training and innovation, extending the Centre's impact beyond the children and families we serve directly and helping to strengthen trauma- and attachment-informed practice more broadly.

Philanthropy continued to play an important role in this work. Nearly \$946,000 in donations during the year provided resources that complement government funding and help the Centre strengthen services, advance innovation and respond to opportunities that would not otherwise be possible. We extend our sincere appreciation to the individuals, families, foundations, and corporate partners who choose to invest in our mission.

As we look ahead, the Board remains committed to prudent financial management and responsible stewardship of the resources entrusted to the George Hull Centre. Maintaining a strong and sustainable financial foundation allows us to invest confidently in our people, programs and priorities while ensuring that resources remain focused on what matters most: helping children, youth and families thrive.

On behalf of the Board, thank you to our government and community partners, donors, volunteers and staff for their continued trust, commitment and support.



Anne Tauber
Treasurer, Board of Directors
George Hull Centre for Children and Families



Our Supporters



Chetan Baweja's 6th Annual George Hull Centre Real Estate and Friends Campaign

Chetan's annual campaign raised more than **\$120,000 this year (2025-2026) and more than \$600,000 over the past five years**

Director on the George Hull Centre Board, Trustee on the George Hull Centre Foundation Board, and Managing Director at BGO. Chetan first engaged with the George Hull Centre 10+ years ago as part of our young leaders' group and immediately recognized the positive impact we have on children and families. His belief in supporting children's mental health has inspired his dedication to our mission — ensuring that every child has the resources and care they deserve.



Chetan's 2026-2027 campaign is live – help him reach his **\$100,000 fundraising goal**. Scan the QR code!



Chetan's 6th Annual Real Estate and Friends Campaign Donors Listing in the Annual Report 2025-2026

Up to \$500 (Individuals)	Up to \$500 (Businesses)	\$500 to \$5,000	Over \$10,000
Brad Berg Brad Caco Sergio Callocchia Scott Chandler Shawn Feldon Mitchell Gillin Vince Imerti Aleks Karamarkovic Michael Lucchese Kate McGilvray Myles Millard Duncan Smith John Stewart	Crown Property Management Inc. Divco Finnegan Marshall Inc. Fotenn Planning + Design Gram Engineering Ltd. Hammerschlag & Joffe Inc. Lakeshore Human Capital Inc. Laurin Group Talser Investments The Odan/Detech Group Inc. Thorek/Scott and Partners	Avison Young CMG CBRE Ltd. Graham Management Services LP Leeswood Construction Matthew Picken Musson Cattell Mackey Partnership Nemetz (s/A) & Associates Ltd. \$5,000 to \$10,000 BentalGreenOak (Canada) LP Blake, Cassels & Graydon LLP CMLS Financial Ltd. Colliers Macaulay Nicolls Inc. Daniel Drimmer EllisDon Capital Lankin Investments McCarthy Tétrault LLP Osler, Hoskin & Harcourt LLP PCL Construction Inc. Savvas Kotsopoulos Professional Corporation Sonny Kalsi	Menkes Charity Golf Classic

Honouring Our Champions of Change

Every meaningful step forward begins with someone who chooses to care—and to act. This year, we were humbled and inspired by the extraordinary generosity of those who gave \$1,000 or more to support our mission. These gifts are more than financial contributions; they are bold declarations of hope, belief, and shared purpose.

Because of your support, lives were changed, possibilities were opened, and communities grew stronger. Your generosity fuels our progress and reminds us that when we come together around a common cause, there is no limit to what we can achieve.

With heartfelt gratitude, we recognize the following donors for their transformative support. Thank you for being a part of this journey—and for helping to shape a brighter future.

The George Hull Centre Foundation is committed to recognizing our donors and partners accurately. If you notice an error or omission, please contact us at foundation@georgehull.on.ca so we can make the correction.

\$100K +

Longo Family Foundation
Sun Life Financial
The Clearview Foundation
The Michael and Sonja Koerner Charitable Foundation

\$50K +

RBC Capital Markets
The William and Nona Heaslip Foundation
The Henry White Kinnear Foundation

\$25K +

Cooper Equipment Rentals
Tim Murray

\$10K +

Belsize Foundation
Future Electronics
Gary Whitelaw and Linda Mollenhauer Foundation
Honourable Margaret McCain
James Partridge
JBS Foundation
KPMG Foundation
Robert and Catherine Hull
Samuel, Son & Co., Limited
Scotia Trust
Sword Family Foundation
The Hunter Family Foundation
The Hope Charitable Foundation
The Hunt Family Charitable Foundation
The P&P Murray Foundation
This is Blueprint Management Ltd.

\$5K +

Abby Fedosoff Memorial Fund
Christina Kramer
CIBC Miracle Day
David Pauli
FredAgainCharity

Neil Jacoby
Paul and Lina Smith
Rotary Club of Etobicoke
Trisura Guarantee Insurance Company

\$1K +

Abid Dobani
Andrew Gaughan
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Brad and Jennifer Fedosoff
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Carol K. Shum Legacy Fund for Exceptional Children
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Susan Tallett
Suzanne Bradshaw
TD Bank
TD Bank Etobicoke Branches
The Charles Norcliffe Baker and Thelma Scott Baker Foundation
Ya Ching Yu



Extraordinary Caring Spotlights

We are incredibly grateful to **The Michael and Sonja Koerner Charitable Foundation** for their extraordinary gift of \$500,000 over five years in support of the Institute of Childhood Trauma and Attachment. This transformational support will help us deepen our impact, expand research, and provide hope and healing to children and families navigating the effects of trauma.

RBC Charity Day
Powered by Purpose. United for Kids.

In November 2025, the George Hull Centre was proud to be selected as a charity partner of RBC Charity Day, receiving a generous \$50,000 donation from RBC Capital Markets in support of our work with children, youth and families.

Now in its 11th year, RBC Charity Day brings employees and community partners together around a shared commitment to helping young people thrive. In 2025, RBC contributed \$7 million to more than 70 youth-focused organizations around the world.

We are deeply grateful to RBC Capital Markets and its employees for investing in the mental health and well-being of children and families and for helping the George Hull Centre continue to transform care through treatment, prevention and discovery.

\$50,000 invested in the George Hull Centre through RBC Charity Day.



2026 George Hull Centre Awards of Excellence Recipients

Nyron's Above and Beyond Award Winner | Sandra Villagra

NOMINATOR: ISOBEL VALLELY AND CAROLINA MONTES

We are pleased to nominate Sandra Villagra for the Nyron's Above and Beyond Award.

Sandra consistently goes above and beyond her job responsibilities, bringing creativity, enthusiasm, and dedication to everything she does. She is always finding innovative ways to engage children and families, creating meaningful experiences and learning opportunities that have a lasting impact. One example of this is how special she helped make the March Break Pizza Party for our families!

Sandra demonstrates an exceptional commitment to meeting the needs of children and families. Through her work in the Parent Relief Program, she has shown remarkable patience, expertise, and empathy when supporting children experiencing separation anxiety or challenging behaviours. Her ability to ensure that every child feels safe, successful, and valued speaks to her deep commitment to quality care and inclusion.

Sandra is highly respected by both families and colleagues for her supportive, collaborative approach. She builds strong, trusting relationships with families and provides ongoing guidance to help them navigate challenges and access services. Within our team, she is always willing to lend a hand and support her colleagues whenever needed.

In addition, Sandra has a remarkable ability to inspire confidence and bring out the best in others. She serves as a mentor and role model for students, volunteers, and new staff members, generously sharing her knowledge, experience, and encouragement. Her positive attitude, and professionalism help create a supportive environment where both colleagues and families feel welcomed, valued, and empowered. Even in challenging situations, Sandra remains solution-focused and demonstrates a level of commitment that motivates those around her.

We can't think of anyone more deserving of this recognition than Sandra Villagra.

The Libby Ridgely Award for Clinical Excellence | Fay McGill

NOMINATOR: ANNA RUPERT

I am so excited to nominate Fay McGill for the GHC Libby Ridgely Award for Clinical Excellence. Fay consistently brings a thoughtful, evidence-informed approach to her clinical work and teaching, integrating best practices in ways that are responsive, relational, and grounded in client needs. She has a strong ability to engage children and families, supporting trust, motivation, and sustained involvement in the therapeutic process.

Fay is deeply committed to learning and growth. She actively seeks out new evidence-informed and evidence-based approaches and thoughtfully integrates them into practice. Even with her level of expertise, she is always reflecting, inviting feedback, and building on what she learns.

Fay is also an exceptional collaborator and knowledge sharer. She holds multiple clinical lenses, values interdisciplinary input, and provides meaningful and tailored consultation to others. She is currently representing GHC in a provincial initiative, where she is recognized as a clinical expert and trusted resource across the sector.

Thank you for considering Fay for this award. I think she is incredibly deserving!

The Award for Innovation & Excellence | Neurofeedback Implementation Team

NOMINATOR: KIM MCCRORY

I believe GHC is the only publicly funded Children's Mental Health agency offering Neurofeedback to our clients. Leticia and her team are not only leading here at GHC but across Canada and the world. To be able to study how NFT can treat our most complexly traumatized children is a gift to Children's Mental Health globally, but most especially to our hardest to serve clients here at GHC. Leticia knew that we could do better by these clients and she worked to make it happen.

Friend of the Centre Award | Ed Hamlin

NOMINATOR: KIM MCCRORY

Ed is providing world-renowned expertise, support, consultation, and so much encouragement to the Neurofeedback research project and it's team members. He's our biggest cheerleader and our most helpful coach - and this feels particularly astonishing considering the depth of his knowledge on this subject and our absolute newbie statuses. Ed makes us feel like equals.

Ed has been a world leader in the development of Neurofeedback - the fact that he is so readily involved in GHC's effort to contribute to that field of work is astonishing. Ed's work on Neurofeedback has changed countless lives and our work with Ed to bring Neurofeedback to Children's Mental Health is innovate - to say the least - and will be transformative to this field not just in Ontario but around the world.



The George Hull Centre Foundation

At the George Hull Centre Foundation, we believe that every child deserves the chance for a hopeful and healthy future. Since 1995, the Foundation has been dedicated to raising the resources needed to make this vision possible—supporting the George Hull Centre's life-changing work in children's mental health, prevention, and early intervention.

Every dollar raised is an investment in children, families, and communities. It fuels groundbreaking programs, strengthens trauma-informed care, advances research through the Institute of Childhood Trauma and Attachment, and ensures that our staff have the tools, training, and support to deliver the very best care.

Because of the generosity of donors and partners, thousands of children and youth each year are met with compassion, innovation, and expertise at the George Hull Centre. Together, we are not only transforming individual lives—we are shaping a stronger, healthier future for all.

“Our donors and partners make everything we do possible. Your generosity fuels innovation, strengthens care, and gives thousands of children hope each year. Together, we're not just changing lives today—we're building a healthier future for tomorrow.”

— RYAN LESTER, CHIEF DEVELOPMENT & MARKETING

Foundation Trustees

We are governed by a volunteer Board of Trustees chaired by George Hull's son, Robert Hull.



Robert G.S. Hull
Partner, Gowling WLG



Chetan Baweja
Managing Director at BGO



Jennifer Boville
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Adrienne DiPaolo
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Paul Smith
Senior Wealth Advisor, Portfolio Manager, Scotia Wealth Management (Retired)

The Power of Giving

Fueling Treatment. Strengthening Prevention. Accelerating Discovery.

Every child deserves the opportunity for a hopeful and healthy future. At the George Hull Centre, philanthropy helps make that future possible.

Government funding provides an essential foundation for many of our services, but it does not cover the full cost of the level of care, expertise and innovation we provide each year. **Donors and partners help bridge that gap**—giving the George Hull Centre the capacity to strengthen programs, respond to emerging needs, invest in our people and pursue new possibilities for children's mental health.

Through the George Hull Centre Foundation, established in 1995, individuals, families, foundations, corporations and community partners come together around a shared belief that we can do more for children and families.

Their generosity touches every part of our work.

It helps us provide specialized **Treatment** for children and youth with complex mental health needs.

It strengthens **Prevention**, allowing us to reach children and families earlier and build the relationships, skills and protective factors that support lifelong mental wellness.

And it accelerates **Discovery** through the Institute of Childhood Trauma and Attachment—advancing research, elevating clinical practice, training professionals and exploring new approaches with the potential to transform care far beyond the George Hull Centre.

Philanthropy also gives us something essential: the ability to look forward. It creates room to test new

ideas, invest in promising opportunities and build the knowledge and capacity needed to respond as the needs of children and families evolve.

Every gift becomes part of that possibility.

Whether you make a donation, participate in the Walk for Young Minds, partner with us as a corporation or foundation, host a fundraiser, or choose to make the George Hull Centre part of your legacy, you are helping change the trajectory of children's mental health.

Together, We Can Transform Care

The progress throughout this report has been made possible by a community that believes children and families deserve exceptional mental health care—and that better care is possible.

We are deeply grateful to every donor and partner who has chosen to be part of this work.

Your generosity helps us provide better care today, reach families earlier and discover what better care can look like tomorrow.

Be Part of What Comes Next

Give. Partner. Participate. Create lasting change.

Learn more about supporting the George Hull Centre at



“Philanthropy gives us the ability to go further for children and families—to strengthen the care we provide today while investing in what could transform care tomorrow. Every donor and partner who joins us becomes part of that progress, and we are incredibly grateful for their belief in what is possible.”

— ROBERT G.S. HULL, CHAIR OF THE GEORGE HULL CENTRE FOUNDATION BOARD OF TRUSTEES



Looking Ahead

As we look to the year ahead, the George Hull Centre is building on a strong foundation of innovation, learning and connection—advancing new approaches to care while sharing what we learn to strengthen outcomes for children and families.

We are building on the momentum of our neurofeedback pilot, exploring how this promising approach can further support children and youth with emotional regulation, healing and resilience. At the same time, we are deepening our role as a teaching hub, creating opportunities for students, emerging professionals and experienced clinicians alike to learn, grow, and contribute to the future of children's mental health. Through the Institute of Childhood Trauma and Attachment, we will continue extending that learning beyond our walls, connecting research, clinical practice and education to strengthen trauma- and attachment-informed care.

We are also excited to bring our community together for the Second Annual Walk for Young Minds, continuing a tradition that celebrates the collective power of families, friends, partners and supporters to champion prevention and early intervention and ensure children receive support as early as possible.

The progress ahead is made possible by the community that stands alongside us. Our donors, partners, volunteers, and supporters give us the ability to innovate, learn and respond as the needs of children and families evolve.

Together, we are advancing the future of children's mental health—strengthening care, expanding knowledge, and creating brighter futures for children and families.

The George Hull Centre for Children and Families

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@georgehullcentre

Charitable Registration Number: 108082918 RR0001

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GEORGE HULL CENTRE
FOR CHILDREN & FAMILIES

**Changing the
trajectory of children's
mental health.**