

JANUARY 2021- DECEMBER 2023 STRATEGIC PLAN YR1 OVERVIEW

Our Vision

Mental wellness from infancy through to adulthood

Our Mission

Through clinical excellence and a continuum of mental health services, our mission is to reduce suffering, provide hope and enhance the quality of life of children, youth and families.

Our Philosophy

The George Hull Centre regards each child as an individual, a member of a family and a member of the community. We work in partnership with families and children, with other community services and with community groups to improve the mental health of the children and youth of Toronto.

The Centre works to develop an accessible, flexible and responsive continuum of service delivery for the community, and to provide specialized services for the Greater Toronto Area, as mandated. A commitment to gender equality, cultural sensitivity and accessible economic opportunities provides an organizing framework to the philosophy of the Centre. The Centre takes into account imbalances of power as they exist in the culture and as they affect the lives of children, and advocates accordingly on behalf of marginalized groups.

Our Programs

Outpatient Mental Health Services

Community Clinic
Individual, family and group outpatient treatment
\$3.6 million budget
Target: 850 clients
Target: 200 participants in virtual group programs

Launch of RITES serving the Black Community
Target: 24 black participants, 13-18 years old, in group programs

2022 Key Benchmarks:

Clinically significant improvement in functioning in 70% of more of Community Clinic clients using standardized measure

80% of clients report services are helpful

80% of treatment group respondents report gaining new skills

Intensive Mental Health Services

Residential
\$1.1 million budget
Target: 10 clients

Day Treatment
\$807,700 budget
Target: 50 clients

Intensive In-Home Service
\$911,700 budget
Target: 30 clients

2022 Key Benchmarks:

Clinically significant improvement in functioning in 70% of more of Intensive Treatment Services clients using standardized measure

80% or more of Day Treatment respondents report progress on personal and academic goals and benefiting from the program

Institute for Childhood Trauma & Attachment

\$400,000 budget
Formal training of the Centre's clinical staff in identifying and assessing trauma
Target: 100% of clinical staff

Child and Youth sectors will increase their understanding of and implement trauma informed practices in their sector with George Hull Centre's support
Target: 2 formal partnerships

Trainees will acquire increased knowledge and skills to provide trauma informed practice
Target: 600 participants in Institute training

2022 Key Benchmarks:

90% of internal clinical staff will be skilled at using the CASTER® trauma screening tool and at least one model of trauma treatment

100% partners demonstrate that they have implemented at least one new trauma informed protocol into practice in their agency

A minimum of 2 funded research projects active during the fiscal year

80% of trainees are satisfied with obtained knowledge and skills in trauma informed practice

80% of trainees will report that they will make positive changes to practice as a result of training

Prevention & Early Intervention

Preschool Speech & Language
\$1.5 million budget
Target: 1400 clients served

EarlyON Centre
\$1.1 million budget
Target: 1,200 children served

Every Child Belongs
\$200,000 budget
Target: 64 clients

Family Group Conferencing & Journey to Zero
\$655,000 budget
Target: 200 clients

Etobicoke Brighter Futures Coalition
\$245,000 budget

2022 Key Benchmarks:

80% of parents report an improved sense of confidence as a parent/caregiver (Early Abilities & EarlyON)

80% of parents report an improvement in their child's communication skills as a result of the Early Abilities program

80% of parents report they and their child(ren) have benefited from coming to the EarlyON program

80% of parents report that working with a Resource Consultant helped the child achieve goals

70% of family group conferences resulted in full resolution of issues

Our Values

Innovation

Empathy

Passion

Excellence

Holistic View

Diversity

Our Strategic Priorities

Lower Barriers to Care

We will measurably reduce barriers that prevent its clients from receiving care



One Client One Centre

We will function as one cohesive, integrated centre for the wellness of our clients.



Become a Leading Voice

We will become known as a leading voice of expertise and care in its communities



Diversity that Reflects our Community

The staff and clients of the George Hull Centre will increasingly reflect the surrounding communities.



GEORGE HULL CENTRE
FOR CHILDREN & FAMILIES

Changing the
trajectory of children's
mental health.