



GEORGE HULL CENTRE
FOR CHILDREN & FAMILIES

Changing the
trajectory of children's
mental health.

NURTURING ATTACHMENTS

A group for adoptive, foster and kin parents to help parents nurture their attachments with their children so that the children will feel increasingly secure and supported by their parents and in turn more receptive to limits and expectations.

JANUARY TO APRIL SESSIONS

14 Sessions running Wednesdays – 5:30 – 7:00 p.m.



- Learn how to help your child develop close, satisfying relationships
- Learn practical approaches to promoting attachment, shaping behavior and working through trauma and grief
- Experience the feeling of peer support, community and mutual understanding

Parents are saying about the group:

“I see my child needs help and I feel more equipped to help.”

“I am parenting more effectively and focusing on our relationship.”

“It is very helpful, I am able to step back, not react, and reconnect with my child.”

“Our relationship is better.... closer.... more cuddling”

COST: \$500.00 (fees may be reduced based on need)

LOCATION: Virtual Group via Zoom

REGISTRATION/QUESTIONS: Call Kelsey Paterson at (416) 622-8833 ext. 258